



JU JITSU INTERNATIONAL FEDERATION
in collaboration with
ASSOCIAZIONE ITALIANA JU JITSU E D.A.
and
PANATHLON INTERNATIONAL

ORGANIZE

**STAGE SELF DEFENSE
JJIF PROGRAM**
recognized worldwide
“JU JITSU FOR ALL”

The Stage is open to all
Federations and Sport Promotion Bodies

**Sport Hall of Manesseno
Via Don Luigi Sturzo
Manesseno – Sant’Olcese (GE)
28th February – 1st March 2015**



TEACHERS

M° Tomo Borissov:	JJIF Vice President (Ju Jitsu International Federation), President Self Defense, Department and Master Expert of Private Security
M° Lanzoni Igor:	JJIF Vice President, Representative Panathlon International
M° Vismara Antonio:	Responsible National Head Teachers AIJJ e DA
M° Maurizio Silvestri:	President IT-WJJF

PROGRAM

The course will take place over two days using multiple work spaces and will be so divided:

- 1. Stage preparatory to the Self Defense for Athletes aged 14 to 20 years.*
- 2. Stage of Self defense for women*
- 3. Stage of Self defense for amateurs*

In this stage will be presented the JJIF Self Defense Program.

Saturday 28th February:

h. 09.30 - h. 12.30	Presentation Italian program of Self Defense to the JJIF Self Defense Responsible. Meeting reserved to technical member of Italian Commissions.
h. 14.00 - h. 14.30	Registration Stage
h. 14.30 - h. 15.30	JJIF Self Defense Program Teacher: M° Tomo Borissov
h. 15.30 - h. 16.30	Self Defense – Ethics & Sports Teacher: M° Igor Lanzoni
h. 16.30 - h. 17.30	Self Defense Program IM-WJJF Teacher: M° Maurizio Silvestri
h. 17.30 - h. 18.30	Self Defense Program AIJJ e DA Teacher: M° Antonio Vismara

Sunday 1st March:

h. 08.30 - h. 09.30	JJIF Self Defense Program Teacher: M° Tomo Borissov (Tatami 1)
h. 09.30 - h. 10.30	Self Defense – Ethics & Sports Teacher: M° Igor Lanzoni (Tatami 1)
h. 10.30 - h. 11.30	Self Defense Program IM-WJJF Teacher: M° Maurizio Silvestri (Tatami 1)
h. 10.30 - h. 11.30	Self Defense Program AIJJ e DA Teacher: M° Antonio Vismara (Tatami 2)
h. 11.30 - h. 12.30	3° level MRA Course and final exams Teachers: M° Antonio Vismara, M° Marco Gini and M° Sergio Manitto (Tatami 2)

**Equip themselves:
short stick, gun and knives simulation on rubber or wood**

COST:

- ✚ Saturday for JJIF members€ 30,00
- ✚ Saturday for other members.....€ 40,00
- ✚ Saturday and Sunday for JJIF members€ 40,00
- ✚ Saturday and Sunday for other members€ 50,00

Certificate of participation will be issued.

The organization has optioned some rooms at:

Hotel San Biagio****
Via Romairone 14
16163 Genova Bolzaneto

- Double Room with dinners and breakfast € 47,00 each people
- Single Room with dinners and breakfast € 67,00 each people

More 2 € City tax for day for each

Annexed form of reservation that will be sent with the transfer of the payment at the National Secretariat until 18 February

Reference Banck:
AIJJ e DA
Causal: Stage Self Defense (Name)
Banca: BNL
Iban: IT05A0100501400000000001369
Swift Bic: BNLIITRR

Genoa, 4th February 2015

AIJJ e DA Secretary
Donatella D'Antonio